



# MUSCLE TESTING (KINESIOLOGY) WORK SHOP

**Saturday Jan 20th 10.00 – 2.00**

**Open to ALL \* Venue Exeter \* Cost £50**

**FIND OUT HOW MUSCLE TESTING IMPROVES WELL BEING**

**LEARN ABOUT ENERGY BALANCING**

**FIND YOUR FOOD SENSITIVITIES**

**LEARN SOME EMOTIONAL TOOLS**

**SPARK AN INTEREST / ADD SOME TOOLS TO ANOTHER THERAPY**

In this informal workshop you will be given an introduction to the muscle test and how it may identify body imbalances and ways to address these. It will be informative, practical and enjoyable. Jane practices in Exeter and Axminster and is a tutor for The Association of Systematic Kinesiology.

## **DETAILS /BOOK YOUR PLACE**

**RING 01626 891 811 / Text 07850 565182 Jane Cert ASK**

**[www.energycourses.co.uk](http://www.energycourses.co.uk)**

***Please complete and return to:***

K j van Spyk, Natural Health Practice, 2A Spicer Rd, Exeter EX1 2SX

HEALTH & WELL BEING Day Workshop Sat 20th Jan Nov 20188.- I enclose cheque £50.00 made payable to K J van Spyk

NAME .....

ADDRESS .....

.....CONTACT NO.....

EMAIL .....



